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ANAL PHYSIOLOGICAL STUDIES

What is this?

These are special tests that investigate the strength of the anal muscles and nerves.

When is it performed?

It is part of the investigations for faecal incontinence and pelvic floor problems.

How is it done?

Small balloons and finger probes are placed into the anal canal.

Where is it performed?

Westmead Public Hospital in the Colorectal Clinic on Monday mornings.

Do I need any preparation?

No preparation is required.

Am I asleep?

No. The test requires you to respond to some instructions.

Is it painful?

Generally not unless there is another painful anal problem. The balloon is very small.

When do I get the results?

Results will be given the same day.

What is the follow up?

This will be arranged at the clinic.